



**EYE DOCS  
OPTICAL**

## **PUPIL DILATION NOTICE**

The dilated fundus exam is considered to be one of the most valuable tests conducted during an eye examination because it can detect signs and physiological effects of various circulatory, metabolic and neurological disorders such as diabetes, high blood pressure and some tumors. It can also aid in the diagnosis and assessment of cataracts, glaucoma, macular degeneration, optic nerve disease, retinal thinning, rips/tears or detachments.

In order to have a complete and thorough eye exam, Dr. Cook will perform a dilated fundus exam, unless otherwise indicated. Dilating drops temporarily increase the size of your pupils, they also make the pupil non reactive to light. This allows Dr. Cook to see the internal structures of your eye more thoroughly.

The dilating drops take roughly 10-15 minutes to take effect after instillation(each person responds differently). Dilation will affect your ability to read up close for 2 -3 hours, sometimes longer in certain individuals. In general, distance vision is usually not affected by dilation. Since light sensitivity is normal after dilation, we will provide you with a pair of disposable sunglasses to use. Most people are able to drive after their visit, however, some people feel safer having a driver. If you need to reschedule the dilation exam you have 60 days from the initial exam to reschedule or an additional charge of \$40 for this service will apply.

YES, I do want to dilate my eyes

YES, I do want to dilate my eyes but will have to reschedule.

NO, I do not want to dilate my eyes. I understand the risks of not having my pupils dilated and take responsibility for any condition that may go undetected.

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Print Patient Name

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Signature of patient/guardian if minor

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Date

